# DEJEUNER

## Lundi 04 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| BETTERAVE ROUGE VINAIGRETTE | X | | | | | | | | X | | | | | |
| POISSON MEUNIERE | X | X | X | X | X | X | | X | | X | X | X | X | |
| HARICOTS BEURRE | | | | | | X | | | | | | | | |
| Brie | | | | | | X | | | | | | | | |
| CLEMENTINE | | | | | | | | | | | | | | |
| PAIN | | | | | X | | | | | | | | | |

## Mardi 05 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Potage st germain aux croutons | | | | | | X | | | | | | | | |
| Salade melee | X | | | | | | | | X | | | | | |
| Lasagnes aux legumes | | | | | X | X | | | | X | | | | |
| FROMAGE BLANC AU MIEL | | | | | | X | | | | | | | | |
| PAIN | | | | | X | | | | | | | | | |

## Mercredi 06 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| TOMATE/MOZARELLA | | | | | | X | | | | | | | | |
| BOEUF BOURGUIGNON | | X | | | X | X | | | | X | | | | X |
| CAROTTES PERSILLEES | | | | | | X | | | | | | | | |
| SEMOULE AU CHOCOLAT | | | | | X | X | | | | X | | | | |
| PAIN | | | | | X | | | | | | | | | |

## Jeudi 07 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| SAUCISSON SEC ET A L'AIL | | | | | | X | | | | | | | | |
| Cuisse de pintade fraiche rotie | | | | | | X | | | | | | | | |
| CHOUX ROMANESCO | | | | | | X | | | | | | | | |
| SAINT-NECTAIRE | | | | | | X | | | | | | | | |
| KIWI BIO | | | | | | | | | | | | | | |
| Pain bio | | | | | X | | | | | | | | | |

Vendredi 08 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Endives /gruyere des | X | | | | | X | | | X | | | | | |
| JAMBON BRAISE | | X | | | X | X | | | | X | | | | |
| PUREE DE POMMES DE TERRE | | | | | | X | | | | | | | | |
| PETITS SUISSES FRUITES | | | | | | X | | | | | | | | |
| Pain bio | | | | | X | | | | | | | | | |

# DEJEUNER

## Mardi 12 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| CONCOMBRE A LA CREME | | | | | | X | | | | | | | | |
| CASSOULET MAISON | | | | | | | | | | | | | | |
| Bouillie au caramel beurre sale | | | | | | X | | | | | | | | |
| PAIN | | | | | X | | | | | | | | | |

## Mercredi 13 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Chou rouge vinaigrette/pommes | X | | | | | | | | X | | | | | |
| FILET DE LIEU SAUCE | | X | X | | | X | | | | X | X | | X | |
| Boulgour aux petits legumes | | | | | | X | | | | | | | | |
| YAOURT NATURE BIO | | | | | | X | | | | | | | | |
| PAIN | | | | | X | | | | | | | | | |

## Jeudi 14 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| veloute choisy | | X | | | | X | | | | | | | | |
| SPAGHETTI A LA BOLOGNAISE | | X | | | X | X | | | | X | | | | |
| POIRE BIO | | | | | | | | | | | | | | |
| Pain bio | | | | | X | | | | | | | | | |

## Vendredi 15 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| CAROTTES RAPEES | X | | | | | | | | X | | | | | |
| OEUFS DURS A LA FLORENTINE | | | | | X | X | | | | X | | | | |
| PORT SALUT | | | | | | X | | | | | | | | |
| Gateau au yaourt | X | | | | X | X | | | | X | | | | |
| Pain bio | | | | | X | | | | | | | | | |

# DEJEUNER

## Lundi 18 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Radis noir vinaigrette | X | | | | | | | | X | | | | | |
| BLANQUETTE DE VEAU | | | | | X | X | | | | | | | | |
| RIZ | | | | | | X | | | | | | | | |
| MINI BRIN | | | | | | X | | | | | | | | |
| Banane bio | | | | | | | | | | | | | | |
| PAIN | | | | | X | | | | | | | | | |

## Mardi 19 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Salade marco polo maison | | | X | | X | X | | | X | X | X | | | |
| Gratin de poisson | | X | X | | | X | | | | X | X | | X | |
| JULIENNE DE LEGUMES | | | | | | X | | | | | | | | |
| ROITELET | | | | | | X | | | | | | | | |
| ORANGE | | | | | | | | | | | | | | |
| PAIN | | | | | X | | | | | | | | | |

## Mercredi 20 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| SALADE COLESLAW | | | | | | X | | | | | | | | |
| ROTI DE PORC | | | | | | | | | | | | | | X |
| Mojettes | | | | | | | | | | | | | | |
| Fromage blanc /coulis de confitures | | | | | | X | | | | | | | | |
| PAIN | | | | | X | | | | | | | | | |

## Jeudi 21 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| PAMPLEMOUSSE | | | | | | | | | | | | | | |
| SALADE VERTE BIO | | | | | | | | | | | | | | |
| Quiche au fromage | | | | | X | X | | | | X | | | | |
| ENTREMET CHOCOLAT | | | | X | X | X | | | | X | | | X | |
| Galettes st michel | | | | X | X | | | | | X | | | | |
| Pain bio | | | | | X | | | | | | | | | |

Vendredi 22 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| POTAGE A LA TOMATE | | X | | | X | | | | | | | | | |
| CUISSE DE POULET BIO | | | | | | | | | | | | | | |
| COURGETTES FRAICHE EN GRATN | | | | | X | X | | | | | | | | |
| ST PAULIN | | | | | | X | | | | | | | | |
| POMME | | | | | | | | | | | | | | |
| Pain bio | | | | | X | | | | | | | | | |

# DEJEUNER

## Lundi 25 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Salade melee | X | | | | | | | | X | | | | | |
| VELOUTE DUBARRY | | | | | X | X | | | | | | | | |
| Croque monsieur | | | | | X | X | | | | | | | | |
| COMTE | | | | | | X | | | | | | | | |
| ANANAS | | | | | | | | | | | | | | |
| PAIN | | | | | X | | | | | | | | | |

## Mardi 26 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| OEUFS DURS MAYONNAISE | | | | | | | | | X | X | | | | |
| RIZ CANTONNAIS | | | | | | | | | | X | | | | |
| RAISIN BLANC | | | | | | | | | | | | | | |
| YAOURT AROMATISE BIO | | | | | | X | | | | | | | | |
| PAIN | | | | | X | | | | | | | | | |

## Mercredi 27 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| BETTERAVE ROUGE VINAIGRETTE | X | | | | | | | | X | | | | | |
| Couscous boulette agneau maison | | X | | | X | | | | | | | | X | |
| TOMME BLANCHE | | | | | | X | | | | | | | | |
| Clementine bio | | | | | | | | | | | | | | |
| PAIN | | | | | X | | | | | | | | | |

## Jeudi 28 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| CONCOMBRE VINAIGRETTE | X | | | | | | | | X | | | | | |
| FRICASSEE DE GESIERS | | | | | | | | | | | | | | |
| Creme catalane | | | | | | X | | | | | | | | |
| Pain bio | | | | | X | | | | | | | | | |

Vendredi 29 Novembre 2024

| | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUES | GLUTEN | LACTOSE | LUPIN | MOLLUSQUES | MOUTARDE | OEUFS | POISSON | SESAME | SOJA | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| RADIS BEURRE | | | | | | X | | | | | | | | |
| ROTI DE BOEUF | | | | | | | | | | | | | | |
| SALSIFIS A LA TOMATE | | X | | | | | | | | | | | | |
| Sainte maure | | | | | | | | | | | | | | |
| Compote de pommes maison | | | | | | | | | | | | | | |
| Pain bio | | | | | X | | | | | | | | | |